

Low Weight Concerns – Guidance for FAs & Specialists

This concern is created when height and weight is entered in the Growth Assessment in Shine under Health Exams and Screenings. Children with a BMI (Body Mass Index) of 5% or less need a concern for Low Weight to be created in Shine.

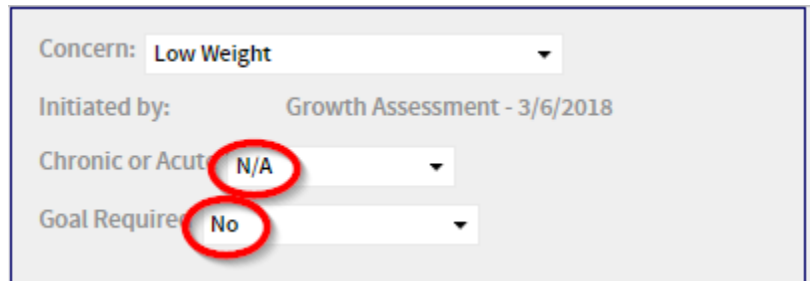
See below how it appears when a Low Weight Concern has not yet been opened. After you click on it, it will open.



The screenshot shows a list of concerns under the heading 'CONCERNS'. A dropdown menu is set to 'Name - Ascending'. The list includes 'Allergies Non-Food', 'Follow-Up Steps', and 'Low Weight'. The 'Low Weight' item is circled in red.

Open the Concern (click on it) and fill in:

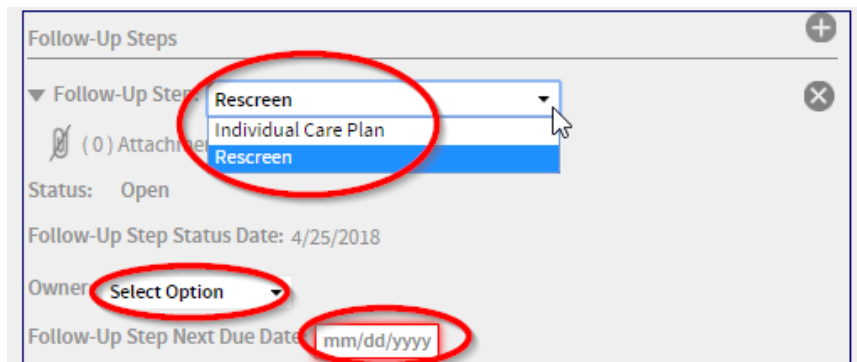
Chronic or Acute: N/A, Goal Required: No.



The screenshot shows the details for a 'Low Weight' concern. The 'Concern' dropdown is set to 'Low Weight'. The 'Initiated by' field is 'Growth Assessment - 3/6/2018'. The 'Chronic or Acute' dropdown is set to 'N/A' and the 'Goal Required' dropdown is set to 'No'. Both dropdowns are circled in red.

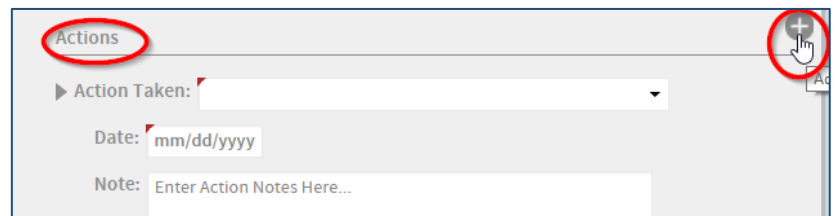
Click on *Follow-Up Steps*: and you will need to choose an option; “Individual Care Plan” or “Rescreen”.

Be sure to assign the concern to yourself and set a follow up date. The follow-up date can be set by you to determine the next time you want to touch base with the family or when you want to do a Rescreen.



The screenshot shows the 'Follow-Up Steps' section. The 'Follow-Up Step' dropdown is set to 'Rescreen'. The 'Owner' dropdown is set to 'Select Option'. The 'Follow-Up Step Next Due Date' field is set to 'mm/dd/yyyy'. Both dropdowns and the date field are circled in red.

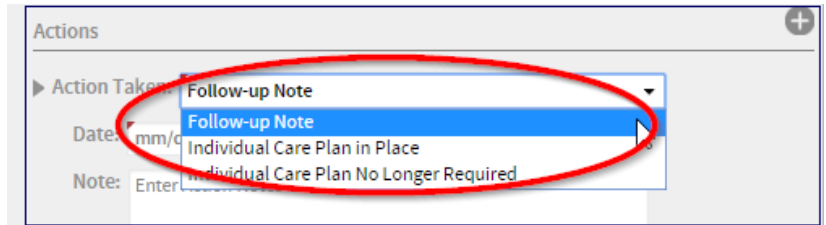
After you make your choice for *Follow-Up Step*, you will need to click on *Action*. You will document your conversation(s) with the parent at this point and/or the results of the rescreen.



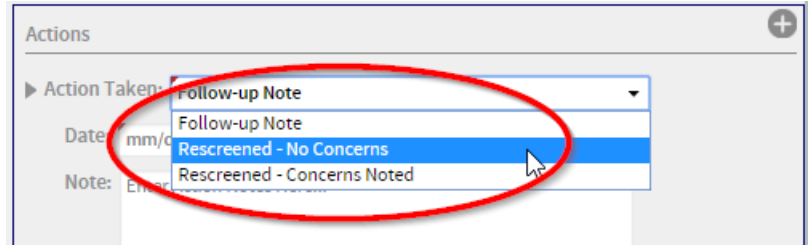
The screenshot shows the 'Actions' section. The 'Action Taken' dropdown is set to 'Rescreen'. The 'Date' field is set to 'mm/dd/yyyy'. The 'Note' field is empty. The 'Action Taken' dropdown and the 'Date' field are circled in red.

You will need to talk with the family to find out if they have any concerns or if the doctor has any concerns.

Usually you would involve Health if there is an individual care plan, and you may need an ROI-S. (For example adding a nutritional supplement at school). You can make notes about the condition using the *Follow-up Note* Action



If you select Rescreen for the Follow-up Step, make *Follow-up Notes* as your Action you can also Rescreen the child (do another Growth Assessment) and if they are no longer in the BMI<5% then you can use the Action *Rescreened-No Concerns*.



Also, if you select Rescreen, the height and weight of the child should be checked again at a defined interval, such as three months. Please set the next due date and make sure there is a new height and weight taken.

If the Parents have no concerns and you have no concerns, and they have talked with the doctor, document the conversation with the parents and any education you did with them (giving them brochures or directing them to talk with WIC about nutrition, etc.). You may then use the Action of *Rescreened No Concerns*. This closes the concern, and no further action is needed.

Remember, when starting the conversation, you can tell the parent about the height and weight measurements we completed (which is part of the Screening consent they sign) and let them know the BMI came up low. Often times this is known by the family. You can discuss the particular needs of this child and what the family sees as contributing to it.

The most important goal for this follow up is that you talk with the family and find out if there is a concern and what steps are being taken to address it. If you have questions about how to document the individual situation, please contact the Health Supervisor.